



## Narcissism: Denial of the True Self

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By Alexander Lowen

Touchstone. Paperback. Book Condition: New. Paperback. 242 pages. Dimensions: 8.4in. x 5.5in. x 0.6in. **NARCISSISM** Are you a narcissist Do you interact with someone who is Contrary to popular belief, narcissists do not love themselves or anyone else. They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by forces in culture and predisposed by factors in the human personality, narcissists tend to be More concerned with how they appear than what they feel Seductive and manipulative, striving for power and control Egotists, focused on their own interests but lacking the true values of the self -- self-expression, self-possession, dignity, and integrity Without a solid sense of self, which leads them to experience life as empty and meaningless In this groundbreaking study, Dr. Alexander Lowen uses his extensive clinical experience to demonstrate how narcissists can recover their suppressed feelings and regain their lost humanity. By the use of Bioenergetic Analysis, the psychotherapy created by Dr. Lowen, a new possibility of a fulfilling and authentic life is presented for people with narcissistic characteristics and for those who interact with them. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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