



50 Beaches to Blow Your Mind (Paperback)

By Lonely Planet, Ben Handicott

Lonely Planet Publications Ltd, Australia, 2016. Paperback. Book Condition: New. 1st edition.. 178 x 120 mm. Language: English . Brand New Book. From the people who have been delivering trustworthy guidebooks to every destination in the world for 40 years, Lonely Planet s 50 Beaches To Blow Your Mind helps you discover the planet s most pristine, jawdropping, wild and wonderful sandy spots. This pocket-sized book is the perfect gift for any sun-worshipper or beach-lover and is the ultimate guide to the world s best beaches. A beach always feels like the ultimate escape, with the sound of the waves lapping against the shore, which science says has a calming effect on our brain activity. And then there s the guaranteed hit of vitamin D our exposed skin absorbs. Whether you re looking for black-sand beaches, high-octane watersport hotspots, secret bays or the finest palm-fringed tropical paradises, Lonely Planet shows you where and how to find them. So pack your beach towel and hit the sands. Includes: Bliss // Tropical desert island paradises * Cabbage Beach // Nassau, Bahamas * Crane Beach // Barbados * Flamenco Beach // Culebra, Puerto Rico * Green Island Beach // Green Island, Antigua Barbuda...



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