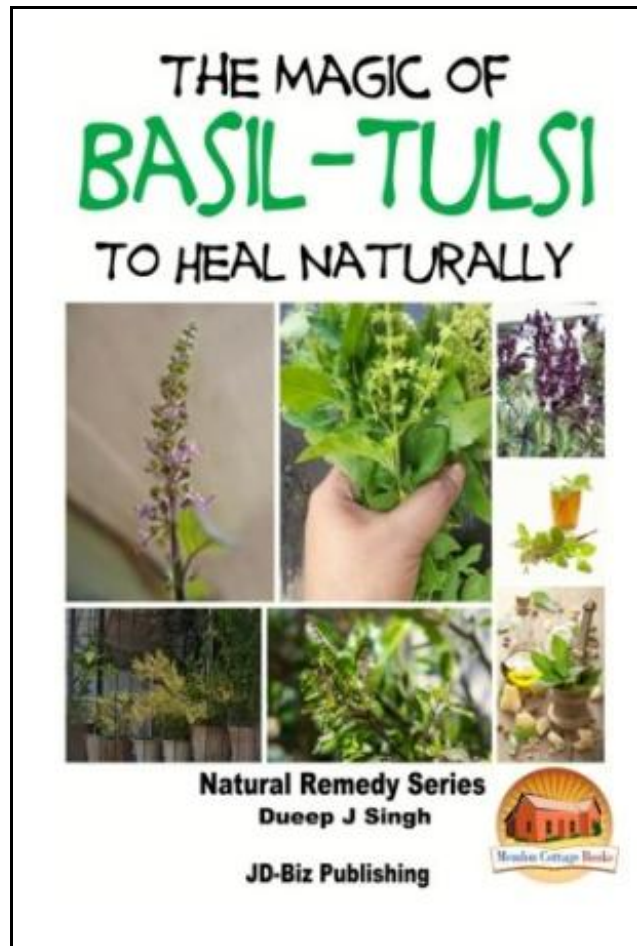


## The Magic of Basil - Tulsi to Heal Naturally (Paperback)



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## THE MAGIC OF BASIL - TULSI TO HEAL NATURALLY (PAPERBACK)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Magic of Basil - Tulsi To Heal Naturally Table of Contents Introduction How to Grow Basil Powdered basil As a Herb Getting rid of Malarial Fever Fever Influenza Rock salt Cure Preventive and Curative Fever Cures in Winter Ginger Tulsi Tea Mint Tea for Slimming A Basil Sanatorium Suffering from Acidity? Who Should Not Take Basil? How to Use Basil for Natural Remedies Caffeine addiction? Tulsi for beauty Using the Tulsi Steamer Dark Patches Dark Patches Fever Prevention in Children Fever Prevention in Children Whooping cough/dry Cough Traditional Cough Syrup Surefire Cold Remedy Powder Suffering from Chronic Cough? Curing Eczema Skin Oil To Cure Wounds Curing Burns Basil in Cuisine Preserving Basil Leaves Basil Pesto - a Genoese Dish Healthy Sprouts Mix Conclusion Introduction Basil has long been known as a valuable herb through the ages, when it was used to flavor foods. But this herb has also been a valuable an integral part of ancient alternative medicine. More than 4000 years ago, one of the greatest of ancient doctors Charaka wrote in his compendium that the juice from the leaves of the sacred basil mixed with honey taken three times a day could cure patients suffering from whooping cough and chest ailments. That was the time when people relied on natural cures, and their own inmate good health to keep healthy and live long. I am proud to present this book to you, about one of the most useful herbs available to mankind today, of which the significant benefits have been written in ancient books of the East. *Oscimum sanctum* is the scientific name given to the sacred basil. What is the difference between cooking basil...



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